

UW Medicine

UW SCHOOL
OF MEDICINE

Diabetes Update for Primary Care Providers

Friday, May 31, 2019
Tamarack Room, Riverside Hotel
Boise, ID



Sponsored by the University of Washington School of Medicine
Department of Medicine, Division of Metabolism, Endocrinology and Nutrition
Office of Continuing Medical Education

Diabetes Update for Primary Care Providers

WHO SHOULD ATTEND

Primary care providers including family practice physicians, internists, physician assistants, advanced nurse practitioners, nurses and other health care providers with an interest in diabetes care.

COURSE DESCRIPTION

This is a one-day course on diabetes geared towards primary care providers. There is an immense need for provider education as the incidence of diabetes in the general population reaches 10%; primary care clinics carry the major burden of these patients. Didactic lectures and interactive workshops offered in this program will provide key information on current classification of diabetes, glycemic targets, as well as effective diagnostic and management strategies using available therapeutic modalities. Important highlights of this course include an update on the cardiovascular outcome trials of pharmacologic agents for diabetes and cost-effective disease management. Offerings also include workshops which provide interactive case discussions on effective insulin use, lipid therapy, inpatient glycemic management, and newer diabetes technologies.

COURSE OBJECTIVES

Upon completion of this activity, attendees should be able to:

- Identify and appropriately diagnose the type of diabetes for any given patient.
- Recommend optimal nutritional interventions for individuals with diabetes.
- Discuss new therapeutics and older agents to treat diabetes.
- Recognize cardiovascular benefits of therapies for diabetes.
- Identify and properly manage complications in diabetes.
- Manage diabetes in a cost-effective manner.

HOTEL ACCOMMODATIONS

The Riverside Hotel
2900 Chinden Boulevard
Boise, Idaho
208.343.1871

To receive a special conference rate of \$118 per night single/double plus applicable taxes, reserve before **May 10** and ask for the “**Diabetes Update**” rate.

ACCREDITATION

Accreditation with Commendation

The University of Washington School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Credit Designation

The University of Washington School of Medicine designates this live activity for a maximum of 7.0 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



FEES AND REGISTRATION

MD/DO/PhD	\$300.00
Allied Health	\$250.00
Resident/Fellow*	\$150.00
<i>*Resident/Fellow rate requires written confirmation of current resident/fellow status.</i>	
<i>Walk-in registrations incur a \$25 administrative fee.</i>	

Continuing Medical Education at the University of Washington is a totally self-sustaining unit and does not depend on or receive public monies in support of its educational efforts. Course fees for this course are estimated to include transcript of AMA PRA Category 1 Credits™, access to online instructional materials, catering, taxes, faculty planning and salaries. Register online at uwcmce.org. Allow up to 15 working days to receive your email confirmation of enrollment. If you have not received confirmation prior to your departure for the course, please contact the CME office at 206.543.1050. Continuing Medical Education will not be responsible for expenses incurred by an individual who is not confirmed if space is not available at the course.

Friday, May 31, 2019

7:15 Registration and Continental Breakfast

8:00 Welcome & Introduction - *Irl Hirsch, MD*

8:05 Diagnosis, Classification, and Diabetes Biomarkers in 2019 -
Irl Hirsch, MD

8:50 Eating Plans for Weight Loss in People With Diabetes - Strategies for
Primary Care - *Alison Evert, MS, RD, CDE*

9:35 Non-Insulin Therapies for Type 2 Diabetes - *Lorena Wright, MD, FACE*

10:20 Break

10:40 Insulin Therapies for Type 2 Diabetes - *Savitha Subramanian, MD*

11:25 Diabetes Complications for the Primary Care Provider: An Update -
Lorena Wright, MD, FACE

12:15 Lunch (provided)

1:15 Diabetes Drugs and Cardiovascular Outcomes - *Savitha Subramanian, MD*

2:00 Diabetes On a Budget - *Irl Hirsch, MD*

2:50 Break

3:10 Workshop Session 1 (*choose one*)

A. Diabetes Technology for the Primary Care Provider -
Alison Evert, MS, RD, CDE

B. Difficult Diabetes Cases: Effective Insulin Use - *Irl Hirsch, MD*

3:55 Transition

4:00 Workshop Session 2 (*choose one*)

C. Using Newer Therapies for Management of Type 2 Diabetes -
Lorena Wright, MD, FACE

D. Difficult Lipid Cases - *Savitha Subramanian, MD*

5:00 Adjourn

VISIT THE COURSE WEBSITE FOR ADDITIONAL DETAILS

Register Online: uwcme.org

UW School of Medicine | Continuing Medical Education
Email: cme@uw.edu | Phone: 206.543.1050