



University of Idaho
A LEGACY OF LEADING

The WWAMI Messenger

News from the Idaho WWAMI Medical Education Program

FALL 2015

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WWAMI Medical Education Program Links

Idaho WWAMI Program Links

University of Washington, Idaho WWAMI
<http://www.uwmedicine.org/education/md-program/current-students/wwami/idaho>
 University of Idaho, Moscow
<http://www.uidaho.edu/academics/wwami>

UW's *The Daily* Features Article on UWSOM New Curriculum



University of Washington's student-run publication, *The Daily*, featured an article about UWSOM's new curriculum on October 19, 2015. The piece includes background, key areas of divergence from the former curriculum, a basic outline of the new curriculum format, and insight regarding the curriculum from Dr. Michael Ryan and UWSOM students. The article can be found at the following link:
http://www.dailyuw.com/features/article_480d6cac-76de-11e5-9fcd-b741cfe71652.html

Idaho WWAMI Hosts Faculty Development Workshop in Boise



(From left) Idaho Assistant Dean Dr. Mary Barinaga with Faculty Development Workshop speakers Dr. Somnath Mookherjee, Dr. Lisa Inouye, Dr. Paul Sutton, and Dr. Heather McPhillips.

Idaho WWAMI hosted a Faculty Development Workshop on October 24, 2015. The title of the workshop was "Surviving and Thriving as a Clinical Teacher," and presentations and interactive activities included identifying teaching and learning preferences, formulating strategies for teaching a variety of learners, and deconstructing clinical behaviors and skills to identify opportunities for feedback, among others. Workshop speakers included Dr. Lisa Inouye, MD, MPH, FACP, Program Director at the UW Boise

Internal Medicine Residency and Assistant Professor of Medicine for UWSOM; Somnath Mookherjee, MD, Assistant Professor of Medicine for UWSOM in Seattle, Washington; Heather McPhillips, MD, MPH, Director of the Pediatric Residency Program and Professor of Pediatrics at UWSOM in Seattle; and Paul Sutton, MD, PhD, FACP, Associate Professor of Medicine and Associate Medical Director of Inpatient IT Systems and UW Medicine IT Services at UWSOM in Seattle. Fifty individuals attended the workshop, including physicians, physician assistants, and nurse practitioners from around the state. Idaho WWAMI hopes to continue expansion of faculty development opportunities throughout Idaho.

Thank you to all of our 2015 Faculty Development Workshop Sponsors!
 This program would not have been possible without you!



Dave Schmitz, MD, President-Elect for NRHA



On December 8, 2015, the National Rural Health Association (NRHA) announced David Schmitz, MD, as president-elect. Dr. Schmitz, who is the Chief Rural Officer and Director for Rural Training Tracks at Family Medicine Residency of Idaho, will assume the duties of NRHA president in 2017. In addition to his duties with FMRI and NRHA, Dr. Schmitz also continues to practice family medicine in Boise, Idaho, and assists in teaching FMRI residents.

In the official press release distributed by NRHA following the election, Dr. Schmitz said of his newly appointed position, "Being entrusted to serve the National Rural Health Association as a future president is a highlight of my career...NRHA allows our voice to be louder and smarter. I am confident we can work together to benefit our members, our organization and most of all we can strive together for better rural health."

Idaho WWAMI congratulates Dr. Schmitz on this outstanding accomplishment, and wishes him the best in this new leadership role.

Idaho WWAMI thanks Kevin Clifford, MD!



Idaho WWAMI would like to recognize and thank Dr. Kevin Clifford for his service as the Chronic Care/Palliative Medicine required clerkship site director in Boise at Saint Alphonsus. We appreciate his hard work and dedication in educating our students, and wish him well in his next endeavors!



The entering 2015 Idaho WWAMI students, Dr. Jeff Seegmiller, Director, UI WWAMI and Idaho Assistant Dean, Dr. Mary Barinaga, enthusiastically kicked off Foundations Phase with a rafting trip in August 2015.

Welcome to WWAMI: New TRUST/WRITE Site in Orofino

Idaho WWAMI is working to expand the clinical experiences offered around the state. We are pleased to share that beginning in the 2016-2017 academic year the community of Orofino, Idaho will become one of our TRUST/WRITE continuity communities. Orofino is the sixth TRUST/WRITE site developed in Idaho; the other five TRUST/WRITE continuity communities are Hailey, Jerome, McCall, Nampa, and Sandpoint. Students who spend time in Orofino will provide care in several rural clinics and Clearwater Valley Hospital, a Critical Access Hospital that serves a rural population of approximately 15,000. Care will also be intermittently provided at outlying frontier health clinics in the communities of Pierce and Kooskia, Idaho. Dr. Kelly McGrath, a family medicine physician with Clearwater Valley Hospital and Clinics, is taking the lead as the TRUST/WRITE site director. Idaho WWAMI has also recently worked with UW Department of Behavioral Health and Psychiatry to develop a required psychiatry clerkship site in Orofino, at State Hospital North with Dr. Thad Koontz serving as site director. Idaho WWAMI is excited to welcome and introduce the Orofino sites, and to provide more educational opportunities to WWAMI students in Idaho.

E-13 Idaho TRUST Scholar Dan Bechtold Publishes Research in *The Journal of Rural Health*

Idaho WWAMI and E-13 Hailey TRUST Scholar, Daniel Bechtold's research was published in *The Journal of Rural Health*, titled "Geographic Variation in Treatment and Outcomes Among Patients With AMI: Investigating Urban-Rural Differences Among Hospitalized Patients." The manuscript was accepted in November 2015, and abstract was first published online in December 2015; *The Journal of Rural Health* will feature the full article in the near future. Daniel received a summer stipend through the UW Medical Student Research Training Program to aid in conducting research for the article. Congratulations, Dan, on this exciting accomplishment! The article abstract can be accessed by visiting the following link:

<http://onlinelibrary.wiley.com/enhanced/doi/10.1111/jrh.12165/>



E-13 Hailey TRUST Scholar, Daniel Bechtold (right), with Hailey TRUST/WRITE site director, Dr. Frank Batcha (left).

The article abstract can be accessed by visiting the following link:

Idaho WWAMI Graduate Dr. Maribel Serrano Returns to Treasure Valley



Dr. Maribel Serrano, Idaho WWAMI E-06, has returned to practice in the Treasure Valley following the completion of her residency training. We are pleased to announce that Dr. Serrano will act as the clerkship site director for our newly established obstetrics and gynecology required clerkship site in Nampa, Idaho. In addition to overseeing the clerkship site, Dr. Serrano will also spend a significant amount of time teaching UWSOM 3rd Year medical students during their required obstetrics and gynecology clerkship.

A true Idaho native, Dr. Serrano received her B.S. degree from the College of Idaho in Caldwell, before earning her medical degree from UWSOM in 2010. She completed her residency training in obstetrics and gynecology at Texas Tech University Health Center in 2014, and now practices at Saint Alphonsus Medical Group in Nampa. Idaho WWAMI is excited to work with Dr. Serrano as she trains the physicians of the future.

Idaho WWAMI Students Elected into Alpha Omega Alpha Honor Society

The newly elected members of the UWSOM's chapter of Alpha Omega Alpha, the national Honor Medical Society, were announced in September 2015. The top 25% of each class is eligible to be considered for AOA. Feedback from peers, recommendations from college mentors and clerkship directors, as well as community service and scholastic achievements are all considered in student selection. Idaho WWAMI is proud to announce that the following Idaho students were elected:

Jess Brice
Zoe Cross
Ryan Hall

E-13 Idaho WWAMI Student Elected to AAFP National Leadership Role



(From left) E-12 Melissa Roop and E-13 Matt Peters pause for a picture while volunteering at the student-run Friendship Clinic in Boise.

with the generous sponsorship of the Idaho Academy of Family Physicians (IAFP), I felt motivated to get more involved in the organization so I could learn how to help shape the future of family physicians. I have always found joy in the challenge of leadership positions, specifically those involving advocacy and policy change...I look forward to the opportunity to learn, grow, and contribute to the commission, and hope to successfully represent the State of Idaho!"

Matt Peters, Idaho WWAMI third-year medical student, and Idaho Track 3rd Year Class Representative, was recently notified by American Academy of Family Physicians (AAFP) President Wanda Filer that he has been selected to serve as the 2017 Student Representative to the American Academy of Family Physicians (AAFP) Commission on Continuing Professional Development. In this national AAFP appointment, Matt's role will include serving as the only student representative in a group of sixteen physicians, one resident, and one chapter executive, which will meet twice in Kansas City in 2017, focusing on matters relating to CME and enhancing the lifelong learning of family physicians. Matt explained that "after attending the AAFP National Conference for the second consecutive year this past summer

Idaho Assistant Dean Presents Poster on WRITE and TRUST at 2015 CLIC Conference

In October 2015, Idaho Assistant Dean Dr. Mary Barinaga traveled to Durham, North Carolina, to present a poster on WRITE and TRUST at the 2015 National CLIC (Consortium for Longitudinal Integrated Clerkships) Conference. Dr. Barinaga's poster was titled "WRITE and RTT Training at a Unique Rural Site in Idaho," and she collaborated on the project with Jerome TRUST/WRITE site director, Dr. Josh Kern. CLIC is an international conference aimed towards engaging, inspiring, and transforming the movement of Longitudinal Integrated Clerkships (LICs) in medical education. Congratulations, Dr. Barinaga and Dr. Kern!

WRITE and RTT Training at a Unique Rural Site in Idaho

Mary Barinaga, MD and Josh Kern, MD, University of Washington

Background

- Targeted Rural Underserved Track (TRUST) matches each student with a rural or underserved continuity community for experiences over 4 years.
- During the first clinical year, TRUST students spend 5 months in their continuity communities for a LIC known as WRITE (WWAMI Rural Integrated Training Experience)
- TRUST develops connections with regional residency programs.
- Family Medicine Residency of Idaho's Magic Valley Rural Training Track (RTT) is located in rural Jerome, Idaho.

Methods

- Working with faculty from the Magic Valley RTT, a TRUST site was established at the site in Jerome in 2013.
- RTT residents and TRUST/WRITE medical students participate in team-based care and share the same clinical space, patients and faculty.
- RTT residents and faculty are actively involved with the teaching of TRUST/WRITE students.

Discussion

- Placement of a rural LIC at an RTT site increases the exposure of medical students to rural residency training.
- LIC students are exposed to RTT residents and faculty as mentors.
- This may lead to increased interest and matriculation of LIC students into RTTs with the ultimate goal of increasing the rural physician workforce in Idaho.

The TRUST Tribune: Immersed in Medicine



Tyler Wines and his E-15 classmates pause during festivities to snap a selfie at the White Coat/Stethoscope Ceremony in Moscow, Idaho, August 2015.

TRUST (Targeted Rural Underserved Track) provides WWAMI students with a continuous connection among underserved communities, medical education, and health professionals in Idaho. After a targeted TRUST admissions process, TRUST Scholars are linked with rural/underserved or small city TRUST continuity community sites for unique clinical experiences throughout all four years of medical school. Current TRUST continuity communities in Idaho include Hailey, Jerome, McCall, Nampa, Sandpoint and beginning in academic year 2016-17 Orofino will be the sixth TRUST site.

Tyler Wines, an Idaho native from Gooding, is assigned to the Hailey TRUST continuity community where he is instructed by site director Dr. Frank Batcha, a family medicine physician

with St. Luke's Family Medicine Hailey Clinic. In August, Tyler and his E-15 classmates started Immersion, followed by the Foundations Phase of their first year of medical school. The following are some of Tyler's initial impressions of medical school:

"Immersion was a fantastic way to start medical school. While we initially thought the most valuable aspects of Immersion would be the quick introduction to medicine, it was what occurred while we were learning—getting to know our classmates—that was perhaps most meaningful. We were able to share our stories, histories, hopes and fears about what we want to accomplish as Idaho physicians. It was great to be able to harness those emotions to help each other through the preliminary months of the Foundations Phase. Our first academic challenge was conquering the physical exam. It was exciting to know that only two weeks into our medical education we were already beginning focusing on patient care! There was more than one instance while we conducted the physical exam on our friends, family or brave volunteers that we stumbled across something that was potentially clinically relevant (or so we thought at the time). My classmates and I often laughed about the fact that even if we did make a discovery while running an exam, we knew absolutely nothing about anatomy, diagnostic or treatment plans, so we had to shrug our shoulders when someone asked us what anything meant!

Our first block after immersion introduced us to the molecular and cellular basis of disease. Not only were we first-year medical students experiencing emotions of fright and excitement, but our faculty was brand new to the new curriculum structure, as well. Our block leader, Dr. Fuerst, was our knight in shining armor! His lectures focused on tying together all the various bits of knowledge and then challenging us to apply them medically. Not only was this an important academic building block for me in cultivating holistic knowledge and gaining maturity as a student, but I was also impressed with how dedicated our faculty members are to our success and understanding of the material. Seeing this was an inspiration in itself.

The most important moment of medical school for me so far occurred when we took a break from lecturing and listened to a patient. This individual has cystic fibrosis, which is a disease on which we have focused for the first months of the Foundations Phase. We knew about every intricacy this man's disease, down to specific nucleotide mutations that caused it. After listening to how this individual's CF impacts every aspect of his physical and personal life, I was humbled. So often times as a medical student we get lost in the sciences and forget that we are treating individuals. One pillar of the new curriculum that I love is the focus on the patient because it reminds us why we are here."



Tyler Wines and his fellow E-15 TRUST Scholars add a little holiday cheer to anatomy and physiology lab. (From left) Tyler Wines, Colby Brower, Tate Saurey, Jason Wallentine, and Stuart Miyasako

Thank you for reading The WWAMI Messenger
Please send updates, questions or comments to
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