

# The WWAMI Messenger

News from the Idaho WWAMI Medical Education Program

**SPRING 2016** 

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#### **WWAMI Medical Education Program Links**

Idaho WWAMI Program Links
University of Washington, Idaho WWAMI
http://www.uwmedicine.org/education/mdprogram/current-students/wwami/idaho
University of Idaho, Moscow
http://www.uidaho.edu/academics/wwami

### Idaho TRUST Scholar Presents at National Conference



Jason Wallentine (right) with Sandpoint TRUST site director,
Dr. Scott Dunn.

Jason Wallentine, an E-15 Idaho TRUST Scholar, presented at the National Rural Health Association's Rural Medical Educators group in Minneapolis on May 10, 2016. Jason spoke about his journey to becoming a medical student, as well as his interest in rural and underserved medicine in Idaho. Jason's TRUST site is Sandpoint, Idaho, where he will spend four weeks this summer working with his TRUST mentor, Dr. Scott Dunn, a family medicine physician.

### Idaho WWAMI Hosts 2016 Pre-Med Summit



Attendees of the 2016 Pre-Med Summit traveled from across the state to participate in the interactive workshop hosted by Idaho WWAMI on May 21, 2016.

Idaho WWAMI hosted the biennial Pre-Med Summit on May 21, 2016, at the University of Idaho Water Center in Boise. A total of 56 pre-med students and five pre-med advisors from colleges and universities across the state traveled to participate.

The day-long workshop featured presentations on the medical school admissions and interview process, the new MCAT, financial aid and best practices, as well mock interview sessions with panelists from University of Washington School of Medicine and University of Utah School of Medicine. We appreciate the



Idaho Assistant Clinical Dean, Dr. Mary Barinaga (middle), leads a mock interview group with Idaho WWAMI student Hailey Baisch-Nelson (left) during the Pre-Med Summit.

speakers, medical student panelists, and volunteers whose dedicated time and expertise ensured the success of the 2016 Pre-Med Summit.

#### Thank you to all of our 2016 Pre-Med sponsors!



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#### Alpha Omega Alpha 2016 Election Results





Two Idaho WWAMI students, Dan Bechtold (E-13 Hailey TRUST/WRITE Scholar) and Lauren Jacobson, were honored for their academic achievements by induction into the Alpha Omega Alpha (AOA) Honor Medical Society this May.

AOA is a national honor medical association, the purpose of which is to recognize and perpetuate excellence in the medical profession. Its goals are to promote scholarship and research in medical school; to encourage high standards and conduct; and to recognize high attainment in medical science, practice, and related fields. Great job, Dan and Lauren!

#### Gold Humanism Honor Society Inducts Idaho Students

Idaho WWAMI is pleased to announce that the following E-13 students have been inducted into the Gold Humanism Honor Society:

- Dan Bechtold
- Emily Burns
- Eric Donahue
- Lauren Jacobson
- Sierra McCreery
- Christopher Shaw

Founded in the late 1980s, the Gold Humanism Honor Society honors medical students, residents, and role-model physician teachers and other exemplars recognized for "demonstrated excellence in clinical care, leadership, compassion and dedication to service." Idaho WWAMI congratulates these students for their outstanding achievements!

### 2016 UWSOM Graduation Report



Dr. Jamie Shandro, E-98 Idaho WWAMI

On May 27, 2016, University of Washington School of Medicine held the 2016 graduation and doctoral hooding ceremony at Benaroya Hall in Seattle, Washington, where seventeen Idaho WWAMI students received their medical degrees.

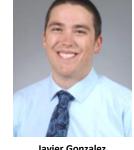
Also announced at the graduation and hooding ceremony were the individuals selected by the graduating class to receive the UWSOM Distinguished Teacher Awards for the 2015-16 academic year, one of whom was Dr. Jamie Shandro, E-98 Idaho WWAMI and UWSOM graduate. Dr. Shandro is a UW associate professor of emergency medicine and practices

emergency medicine at Harborview Medical Center and the UW Medical Center, in addition to serving as co-director of the UWSOM student clerkship for emergency medicine.

the graduating medical student who

has demonstrated outstanding

Javier Gonzalez (E-12 Idaho WWAMI) was the recipient of the Bruce Gilliland Award, which is given by the Colleges and Academic Affairs Office in recognition of superior clinical excellence and compassionate care of patients, exemplary professionalism, support of their fellow students, and commitment of service to the school. Jerome WRITE student, Teah Caine (E-12 Washington-Seattle WWAMI), was acknowledged with the Georgiana Kirby award, which is given by the Friends of the University of Washington and awarded to



Javier Gonzalez E-12 Idaho WWAMI



Zoe Cross E-12 Idaho WWAMI

dedication to his or her studies and clinical work, and has shown the compassion for patients that is embodied in the ideal physician. The Virginia Mason Outstanding Student Award was presented to Zoe Cross (E-12 Idaho WWAMI) for demonstration of outstanding ability to blend knowledge, judgment, and compassion in the care of patients. Idaho WWAMI congratulates all UWSOM graduates and award recipients on their achievements, and wishes the Class of 2016 all the best in continuing their medical education journey!

#### UWSOM Career Advisor Dr. Mark Wicks Retires

After over a decade of imparting career and residency counsel to UW medical students throughout the WWAMI region as the UW School of Medicine full-time career advisor, Dr. Mark Wicks will retire at the end of the 2015-16 academic year. Dr. Wicks joined UWSOM in 2000, and has held a variety of positions, including medical student counselor and clinical associate professor in the Department of Family Medicine. In addition to student advising, Dr. Wicks has contributed to the organizational links between sites and disciplines. Idaho WWAMI would like to thank Dr. Wicks for his many years of service to WWAMI, and wish him a wonderful and welldeserved retirement!



Idaho WWAMI celebrated Dr. Mark Wicks' retirement at the Career Exploration Part II event on May 19, 2016.

## The TRUST Tribune: UW TRUST Leadership Retreat 2016



(From left) Idaho E-15 TRUST Scholars Colby Brower (Jerome), Stuart Miyasako (McCall), Tate Saurey (Nampa), Jason Wallentine (Sandpoint), and Tyler Wines (Hailey) at the UW TRUST Retreat.

TRUST (Targeted Rural Underserved Track) provides WWAMI students with a continuous connection among underserved communities, medical education, and health professionals in Idaho. After a targeted TRUST admissions process, TRUST Scholars are linked with rural/underserved or small city TRUST continuity community sites for unique clinical experiences throughout all four years of medical school. Current TRUST continuity communities in Idaho include Hailey, Jerome, McCall, Nampa, Sandpoint and beginning in academic year 2016-17 Orofino will be the sixth TRUST site.

Tyler Wines, an Idaho native from Gooding, is assigned to the Hailey TRUST continuity community where he is instructed by site director Dr. Frank Batcha, a family medicine physician with St. Luke's Family Medicine Hailey Clinic. Tyler traveled to Whitefish, Montana in early June to join his fellow TRUST Scholars for the annual UW TRUST Leadership Retreat. The following are his reflections on experiences at the TRUST Retreat:

"The final week of my first year of medical school was spent at the TRUST Leadership Retreat. It was by far the most relaxing week of first year, but also the most influential. Over the course of the week, TRUST Scholars from each of the WWAMI TRUST sites presented topics which were focused on fine-tuning one's leadership skills and then implementing this knowledge as a rural physician. These presentations were a breath of fresh air for me; instead of simply focusing on the difficulties of practicing in a rural

or underserved area, we also learned about the exciting opportunities such communities provide, and what we can expect in working in those environments. As a small town kid from Gooding, I know very well that the benefits far outweigh the drawbacks of living in rural/underserved communities, which I have also found to be true at my TRUST site in Hailey. I was pleased to hear that other TRUST Scholars are sharing similar experiences.

Another invaluable takeaway from the week was working with my fellow Idaho TRUST Scholars and rekindling relationships from my undergraduate education at University of Montana-Western with some of the Montana TRUST Scholars. Talking and working with them in small groups throughout the week, we shared our individual motivations and goals in choosing rural and underserved medicine, and what we hope to accomplish throughout our careers. This allowed



E-15 Idaho TRUST Scholars Tyler Wines, Tate Saurey, Colby Brower, Stuart Miyasako, and Jason Wallentine with Dr. Mary Barinaga (Idaho Assistant Dean) at the TRUST Retreat.



E-15 Idaho TRUST Scholars Stuart Miyasako (left) and Tate Saurey (right) prepare dinner for individuals in need at the Shepherd's Hand Free Clinic during the TRUST Retreat.

me to evaluate how I have evolved as a person, and how my career objectives have grown over the five years since my graduation from college. Interestingly, one ambition to which I have steadfastly held over the course of my education is practicing medicine in a rural community. The TRUST Retreat brought this realization home to me, and my involvement in the TRUST Program continues to sustain my rural medicine goals.

Consistently returning to my TRUST continuity community; working with inspiring individuals like the TRUST co-directors Dr. Steve Hall and Dr. Mary Barinaga and my Hailey TRUST site director Dr. Frank Batcha; and participating in rejuvenating events like the TRUST Leadership Retreat all cultivate an environment which has allowed me (and countless other TRUST Scholars) to stay true to my motives and aspirations in choosing to pursue my medical degree. The goal of the TRUST program is to educate students about rural and underserved communities while in medical school, and encourage them to return to rural and underserved regions to practice. I can say without hesitation that this program is working for me."