SOUTHWEST

Frontier Footnotes January 2023



Connecting Students to Careers, Professionals to Communities, and Communities to Better Health!

2022 - 2024 Idaho AHEC Scholars Eager to Begin Class

Beginning next week, on January 17th and January 19th, 2023, our AHEC Scholars will take part in the first ever Idaho AHEC didactic class. Southwest Idaho AHEC, Southeast Idaho AHEC, and North Idaho AHEC centers have teamed up to offer a united didactic course. Meaning, our SW scholars will now get to interact with scholars across the entire state. We are beyond excited to offer this new opportunity to our students and look forward to the connections that each of them will begin to foster next week. This year, we will also add two additional core topics to their coursework. Learn more about these topics below.

Core Topic Areas

INTERPROFESSIONAL EDUCATION

Supports a coordinated, patient centered model of health care that involves an understanding of the contributions of multiple health professionals.

BEHAVIORAL HEALTH INTEGRATION

Promotes the development of integrated primary and behavioral health services to better address the needs of individuals with mental health and substance abuse conditions

SOCIAL DETERMINANTS OF HEALTH

Includes five key areas (determinants) of economic stability, education, social and community context, health and health care, neighborhoods and built environments, and their impact on health.

CULTURAL COMPETENCY

Seeks to improve individual health and build health communities by training health care providers to recognize and address the unique culture, language and health literacy of diverse consumers and communities.

PRACTICE TRANSFORMATION

Aims to support quality improvement and patient-centered care through goal-setting, leadership, facilitation, workflow advancements, measuring outcomes, adapting organizational tools and processes to support team-based models of care delivery.

CURRENT & EMERGING HEALTH ISSUES

Supports an understanding of and appropriate response to issues that affect specific geographic or demographic populations, such as COVID-19, opioid abuse, adverse and geographically relevant health issues.

CONNECTING COMMUNITIES & SUPPORTING HEALTH PROFESSIONALS

Aims to increase training and development of CHWs and paraprofessionals to be the connectors who are able to serve as a liaison/link/intermediary between health professionals and the community to facilitate access to service and improve health equity, community/population health and social determinants of health.

VIRTUAL LEARNING & TELEHEALTH

Seeks to improve virtual learning and telehealth curricula and community-based experiential training. The COVID-19 pandemic has forced all health care systems, hospitals and clinics to rapidly implement telehealth services, simulation-based technology and virtual trainings to continue delivering patient care.

In addition to their didactic coursework, scholars will complete clinical, experiential, and community hours in their respective communities. Experiential training gives students the opportunity to apply/practice what they learn in didactic settings. We hope that these hours promote primary care careers in rural and underserved locations. We look forward to sharing reflections of our students experiences with all of you, please stay tuned!

Happenings at SW ID AHEC Medical Education!

We need your help! We are continually looking to refine and enhance our continuing education program. In order to do so effectively, we are seeking your input to help us determine and address the needs between current conditions and desired conditions for continuing medical education in Idaho. We are asking you to please take a moment out of your day to <u>complete our</u> <u>needs assessment</u> so that we can continue to offer the education that YOU want!

WE WANT TO HEAR FROM YOU

Complete Our CME Needs Assessment

What do you want to see from our Medical Education program?

Grand Rounds Are Back!

We are thrilled to announce the upcoming SW ID Medical Education Spring Grand Rounds series. We have lots of amazing speakers on deck for the coming months. Please stay up to date with our Grand Rounds announcements by visiting our <u>Continuing Education Site</u>. Please see below for the two sessions coming up this month.



January 18th, 2023, 8 AM - 9 AM MST

Healing from Moral Injury Abhilash Desai, MD

Dr. Desai is a geriatric psychiatrist and an adjunct Associate Professor in the Department of Psychiatry at the University of Washington School of Medicine. He has been in practice for 23 years.

Register Now

January 25th, 2023, 8 AM - 9 AM MST

Idaho Public Health Update Christine Hahn, MD

Dr. Christine G. Hahn is an infectious disease specialist in Boise, Idaho. She received her medical degree from Michigan State University College of Human Medicine and has been in practice for more than 20 years.



Register Now

Additional CME Offerings

In 2019 there were 1,752,735 new cancer cases and 599,589 deaths (CDC update on cancer deaths). The annual mortality from cancer has dropped by 27% over the last 20 years. (CDC report 2/2022). Attend <u>A Medical Symposium on Emergencies on Neoplasia</u> that will explore the improvements in cancer therapy responsible for this decrease.

Join the Ada County Medical Society for <u>Winter Clinics</u>, one of Idaho's longest-running medical education events. This family-friendly "SKI-M-E" retreat will provide you with an opportunity to connect with your family and colleagues while you learn about a variety of topics in a beautiful setting on the lake. Log in to your CloudCME account to learn more.

We will present the fourth in a series of eight seminars, Putting the Mouth Back in the Body, on January 15th. The session, *From the Mouths of Moms to the Mouths of Babes: The Importance of Maternal, Infant, and Child Oral Health,* will be presented by Colleen Stephenson, RDH-ER, MS. This webinar will focus on how oral health and medical care overlap

for pregnant moms, infants, and young children. Signs to watch for, suggestions for care, and resources will be shared. **Providers who see infants, young children, pregnant women, or women who want to become pregnant will benefit from signing up for this free seminar.** See below for more details and registration information.

REGISTER NOW FOR

Session Four of the Eight-Part Series, Putting the Mouth Back in the Body: How Oral Health Affects Whole Patient Care

FROM THE MOUTHS OF MOMS TO THE MOUTHS OF BABES: THE IMPORTANCE OF MATERNAL, INFANT, AND CHILD ORAL HEALTH

Earn CME Credits 🔗 Free Registration (\$ Via Zoom (0)



JANUARY 18, 2022 12 - 1 PM MT REGISTER



NOW

FEATURING COLLEEN STEPHENSON RDH-ER, MS



Boise State University News & Updates



BOISE STATE UNIVERSITY



Faculty Member's Passion for Health Care Reform Culminates in New Master's Program

Clinical Associate Professor Jenni Gudapati is attempting to tackle two large barriers in the design of the entirely new Master in Population and Health Systems Management degree at Boise State University. The program seeks to answer the call for reform in American healthcare and transition from traditional curriculum development and looks to partner with experts working in the fields of

payment reformation and Value-Based Healthcare. The new program creates a partnership with the Healthcare Financial Management Association to provide the financial and industry knowledge needed to fill the education gap. <u>Read More</u>.

From the Peace Corps to Midwifery, Nursing Alum Knows 'the Only Thing Sustainable is Education'

Margaret Quatraro is a mom of two, an alum of Boise State's School of Nursing and on her way to becoming a midwife. But before she was any of these things, she was a Peace Corps volunteer. Shortly after graduating with a bachelor's in psychology and childhood development from Central Michigan University, Quatraro moved to Africa. She spent two years as a



health education volunteer with the Peace Corps working on AIDS in Tanzania. Read on.

Idaho State University News & Updates



Renee Robinson Named Next-Generation Pharmacist Educator of the Year

Renee Robinson, PharmD, MPH, associate professor for the College of Pharmacy's Anchorage, Alaska campus, has been named Pharmacy Educator of the Year by Pharmacy Times, the leading media resource for pharmacists, and Parata Systems, the leading provider of pharmacy automation. <u>Read More</u>.



Students Collaborate to Provide Free Physical Therapy Services to Those in Need

Students in Idaho State University's physical therapy program are now offering free physical therapy services for individuals at or below 200% of the Idaho poverty line. Eligible individuals can receive comprehensive screening, evaluation, and treatment at no charge for a wide variety of injuries and conditions including, but not limited to: joint pain, muscle strains, sports injuries, range of motion and strength limitations, and balance impairments. Learn More.

Speech Language Pathology Professor Receives Newly Established College of Health Teaching Fellowship

Idaho State University's College of Health has named Victoria (Tori) Scharp, Ph.D., as their first teaching fellow. The College of Health Teaching Fellowship award is given to recognize, reward, and honor educational leadership, teaching excellence, and innovation during the preparation



of future healthcare professionals in the College of Health. Read More.

Idaho College of Osteopathic **Medicine News & Updates**





Faculty Member Recognized by NBOME

Dr. Jessica Ziebarth, DO, Chair of Specialty Medicine and Assistant Professor of Physical Medicine & Rehabilitation at ICOM, has been recognized as the COMLEX-USA Level 3 Item Writer of the Year for 2022 by the National Board of Osteopathic Medical Examiners (NBOME).

Each year, the NBOME selects the best-in-class item writers and

case authors from a large group of contributors whose work supports the organization's mission to protect the public through osteopathic competency assessment.

ICOM Celebrates 13 Entering Military Residency in July

The Idaho College of Osteopathic Medicine is proud to announce that 13 members of its Class of 2023 will continue their medical training in the United States Armed Forces. Learn More.



Idaho WWAMI's TRUST program is celebrating its 10th-anniversary training future doctors in rural medicine. The Targeted Rural Underserved Track (TRUST) places medical students in small Idaho communities which they will return to throughout their four years in medical school. Students work closely with the same preceptor





while working at their TRUST site and benefit from the rich firsthand experience they gain treating patients in a rural or underserved setting. Hear from Dr. Catherine Doyle, M.D., an Idaho WWAMI alumna and TRUST preceptor in Jerome, about how this program is one of Idaho's best-kept secrets. Learn More.

ECHO Idaho Launches New Series Focused on Alzheimer's Disease and Related Dementias





In January, <u>ECHO Idaho</u> will launch an education series dedicated to <u>Alzheimer's Disease and</u> <u>Related Dementias</u>. The series will provide Idaho healthcare professionals the opportunity to learn best practices in identifying, treating, and managing brain health and other dementiarelated concerns in geriatric patients. The new series convenes the fourth Wednesday of each month, from 1-2 p.m. Mountain time, beginning Wednesday, January 25, 2023. <u>Add it to your</u> <u>calendar</u> and <u>register today</u>.

Free Autism Health Care Training Resources: Get STAT-Certified and Earn CME with ECHO Idaho

The Screening Tool for Autism in Toddlers and Young Children (STAT) can help qualified healthcare professionals diagnose autism in young children. ECHO Idaho is offering MDs, DOs, NPs, and PAs the opportunity to receive their STAT certification training and participate in a quality improvement cohort that is eligible for continuing medical education credits (MOC-Part IV or AAPA Category 1 PI). Requirements and commitment information for both these valuable opportunities are available on the ECHO Idaho website. Space is limited, so sign up today!

ECHO Idaho Releases January Sessions

Scheduled weekly over lunch breaks, ECHO Idaho provides virtual, 1-hour sessions with a panel of subject matter experts to deliver a brief, high-yield presentation on a topic of interest, specific to Idaho healthcare practitioners. Each session includes a real-life case presentation from an ECHO Idaho participant.

ECHO Idaho is always free and participants can earn CE/CME for attending.

Please <u>visit their website</u> to find the series and topics they have on deck for January 2023. If you know of anyone in your network interested in attending one of our sessions, please share this information.

Empower Idaho Legislative Update Newsletter

The 2023 Legislative session began on Monday, January 9, 2023. If you would like to receive legislative updates and news concerning behavioral health and substance use, subscribe to the Empower Idaho Legislative Newsletter to receive weekly updates throughout the session! <u>Sign up here</u>.



2022-2023 Regional Trainings for Childcare Providers Helping Kids Have Healthy Mouths

The Idaho Oral Health Alliance, in partnership with Delta Dental of Idaho, Idaho Public Health Districts, Idaho Office of Head Start Collaboration, Idaho Division of Maternal and Child Health, and IdahoSTARS, is offering free training for childcare providers including Head Start teachers, Parents-As-Teachers, and Nurse-Family Partnership providers.



The free four-hour training is based on the Cavity Free Kids curriculum of the ARCORA Foundation. Licensed Idaho dental hygienists will present the material and demonstrate interactive activities to be used with children. Tips for pregnant women will be included, too. Cavity Free Kids is designed for use in early childhood education settings and home visiting programs.

Training will focus on the 5 Basics of Oral Health:

- 1. Baby Teeth are Important
- 2. Water for Thirst
- 3. Tooth Healthy Foods
- 4. Brush, Floss, Swish
- 5. Going to the Dentist

Training will take place at and on the following locations and dates;

- Pocatello, Feb. 11, 2023
- Twin Falls, March 4, 2023

Register Now.

Support Our Center!

SW ID AHEC is a not-for-profit organization. Meaning, that we exist because of the generosity of agencies and individuals. People like you. We know that times are tough but if you find yourself in a stable position and want to support our mission, your donations are always greatly appreciated.

Your Donation Helps To:

• Improve the distribution, diversity, and supply of the primary healthcare workforce

DONATE NOW

- Educate Idaho's youth about careers in healthcare
- Enhance the education of health profession students
- Offer continuing education to healthcare professionals
- Strengthen community health in rural and underserved areas

