

Frontier FootnotesJuly 2023



Connecting Students to Careers, Professionals to Communities, and Communities to Better Health!

Dear Fellow AHEC Enthusiasts,

I would like to take a moment to share with you the incredible experience that Katrina and I had at the National AHEC Organization's Biennial Conference. It was an event filled with knowledge, inspiration, and a profound sense of community. The conference not only reinforced our commitment to AHEC's mission but also opened our eyes to the remarkable work being done across the country.

The conference kicked off with an awe-inspiring plenary session titled "When We Find Out That We're Not Alone" by the remarkable spoken word artist, **Chelsea Guevara**. Chelsea's work illuminates the power of connection and the impact it has on individuals' well-being. Chelsea's experiences and insights reminded us of the importance of building supportive networks within our communities, an essential aspect of AHEC's mission.

Dr. Dale Okorodudu's plenary session, "Black Men/White Coats," was nothing short of extraordinary. He shared his personal journey as an African American physician and the challenges he faced along the way. Dr. Okorodudu's unwavering commitment to addressing the lack of diversity in the medical field left an indelible impression on us. His presentation highlighted the need for diverse representation in healthcare and reinforced our dedication to fostering inclusivity through AHEC's programs.

Another thought-provoking plenary session was delivered by Dr. Tim Cunningham, titled

"Keeping Well - Being Relevant in the Here and Now." His words resonated deeply with us as he explored the importance of adapting to the ever-changing landscape of healthcare. Dr. Cunningham's insights into innovation and the need for continuous learning left us inspired to embrace change and remain at the forefront of healthcare education and delivery.

We were also fortunate to attend the enlightening session led by <u>Dr. Erika Sullivan</u>, titled "Preparing the Primary Care Workforce to Meet the Healthcare Needs of the LGBTQ+ Community." Dr. Sullivan's expertise shed light on the unique challenges faced by the LGBTQ+ community and the role AHEC can play in providing inclusive and equitable healthcare. Her session emphasized the significance of creating safe spaces and culturally competent care, aligning perfectly with AHEC's mission.

Beyond the plenary speakers, the conference provided us with an invaluable opportunity to learn from AHECs across the nation. We engaged in discussions, attended breakout sessions, and exchanged ideas with like-minded individuals who share our passion for improving healthcare education and access.

As we return to our beloved state of Idaho, we are brimming with excitement to implement the knowledge and insights gained at the conference. We are eager to collaborate with our local AHEC network to amplify our impact and make a meaningful difference in the lives of our communities. Together, we will continue to bridge the gaps in healthcare access, cultivate diverse healthcare professionals, and foster a culture of inclusivity and excellence.

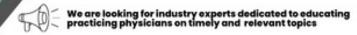
The National AHEC Organization's Biennial Conference served as a powerful reminder of the importance of our mission. It reinforced our commitment to providing equitable healthcare and education for all, regardless of background or circumstance. We are honored to be part of this inspiring community and look forward to the incredible journey that lies ahead.

Yours in AHEC,

Katrina and Jacelyn

Happenings at SW ID AHEC Medical Education!

Do you have expertise in a particular healthcare topic? Do you know an expert? We want you to join our 2023 - 2024 Grand Rounds series! SWIDME Grand Rounds aims to educate physicians on timely and relevant topics through presentations by industry experts. If you or someone you know is interested in presenting, please contact Jacelyn at jlawson@jannus.org. Please also keep an eye out for our upcoming call for abstracts!



BECOME A SW ID CONTINUING MEDICAL EDUCATION SPEAKER



CME Offerings

We will present the seventh in a series of eight seminars, Putting the Mouth Back in the Body, on Tuesday, July 11th at 12 PM MT. The session, *Medical-Dental Collaboration: Working Together to Improve Patient Outcomes* will be presented by Patricia Braun, MD, MPH, FAAP. Join us via Zoom using the following link: https://us02web.zoom.us/j/89820322773, and enter the following passcode: IOHA or connect using the QR code below.

MEDICAL-DENTAL COLLABORATION

Working Together to Improve Patient Outcomes

Session Seven of the Eight-Part Series, Putting the Mouth Back in the Body: How Oral Health Affects Whole Patient Care

SPEAKER: Patricia Braun, MD, MPH

Professor of Pediatrics and Public Health Rocky Mountain Network for Oral Health/Project Director Denver Health/Eastside Family Health Center





Tuesday
July 11, 2023
Time
12:00 PM



Earn CME Credits for FREE!

Join Us via Zoom Using the Info or the QR Code to the Right MEETING ID: 89820322773

PASSCODE: IOHA









National AHEC Organization and the Association of Clinicians for the Underserved Announce Suicide Prevention Webinar

NAO is proud to announce a new collaboration with the <u>Association of Clinicians for the Underserved</u> to bring you an important webinar that is ideal for medical students and



other clinicians in training. Please consider attending and/or spreading the word in your communities. Suicide is a growing public health crisis, and medical students and other clinicians in training who will be entering the primary care space are likely to encounter patients at risk for suicide. Nearly half of

individuals who end their lives by suicide visit a primary care provider in the month before their passing, making primary care visits crucial opportunities to intervene. However, all too many clinicians receive minimal, if any, training in suicide prevention during their education.

- Date: Tuesday, July 11, 2023, 2 pm 3 p.m. ET.
- Register:
 - https://clinicians.webex.com/weblink/register/r538ec47a24096810b9c2781b2dd08810.
- Details: Simple Steps to Help Save Lives: Practical Suicide Prevention in Primary Care for Students and Newly Practicing Clinicians Co-Hosted by the <u>Association of Clinicians for the</u> <u>Underserved</u>, <u>American Association of Teaching Health Centers</u>, and <u>National AHEC</u> <u>Organization</u>.

Boise State University News

New Addiction Studies Certificate to Launch in Fall 2023



The College of Health Sciences will offer a new certificate in addiction studies, welcoming its first undergraduate students in fall of 2023. The Idaho State Board of Education approved the certificate in March. The certificate fills a need among Boise State undergraduates, many of whom will find themselves working among populations whose lives and experiences are impacted by substance use disorders, according to Susan Esp.

Esp is an associate professor in the College of Health Sciences' School of Social Work, and associate director and co-training coordinator for the Institute for the Study of Behavioral Health and Addiction at Boise State, a partnership with the university's College of Education. She will serve as coordinator of the new undergraduate certificate in Addiction Studies. Read More.



Building a Better Workplace for Nurses

The COVID-19 pandemic laid bare the American healthcare system, revealing high rates of practitioner frustration and fatigue. Jason Blomquist, a clinical assistant professor, and doctoral student in Boise State's nursing program, hopes to fight these trends by empowering the next generation of nurses.

"Nursing is a profession that trains us to assess and support the whole person rather than focusing only on disease," Blomquist said. "We have an opportunity to design a health care system that leverages the power of nurses to care for people more holistically."

For his final project, Blomquist is studying the documented rise in workplace violence toward caregivers.

"There may be a number of contributing factors," he said, "like the lack of psychiatric resources and societal discord post-pandemic, but it is exacerbated by nursing labor shortages in a time of extreme burnout." Read More.

New Partnerships and Tech Expand Nurse Practitioner Students' Skills

Every year, the adult gerontology nurse practitioner summer intensive includes new elements to keep the graduate-level coursework modern and relevant. Sessions also feature new guest lecturers and area specialists who broaden students' horizons with a wide scope of expertises. This year's inaugural ultrasound workshop does both, introducing new technology and a new lecturer through two first-time partnerships.

Thanks to a collaboration with the Athletics and Kinesiology departments, students learned to use ultrasound technology for the first time this year. The ultrasound unit is owned cooperatively by



Idaho State University News & Updates

Traveling in TRAIL: Rural School Practicum Opens Future Teachers Minds



Twelve Idaho State University College of Education students had the opportunity to participate in the inaugural Teaching in Rural Areas Immersion Learning (TRAIL) Experience in May 2023.

ISU Teaching and Educational Studies professors, Dr. Amanda Eller and Suzanne Beasterfield, were awarded a College of Education Dean's Excellence Grant to create and take students on the TRAIL Experience, which provided them with first-hand knowledge of teaching in a rural remote Idaho school district through a mix of preparatory coursework and a week-long rural immersion field trip. Read More.



Kasiska Division Of Health Sciences Announces Dates for the Thomas Geriatric Symposium

Mark your calendars for October 11, 2023, 9 a.m. - 12 p.m. inperson in Pocatello and via Zoom in Meridian. This event will focus on dementia care for older adults - bridging the gap between students and older adults.

Idaho State University Announces Partnership with Southern Oregon Medical Workforce Center

Idaho State University will soon bring much-needed health care training and care to rural southern Oregon, thanks to a partnership with the Umpqua Valley Development Corporation in Roseburg,

Oregon.

The agreement brings together local and regional community leaders, health care facilities and Idaho State University to create a proposed Southern Oregon Medical Workforce Center.

The goal is to train health care professionals in fields where there is a critical need. Of the 36 counties in Oregon, 26 are fully or partially designated as Health Professional Shortage Areas (HPSAs) by the Federal Health Resources and Services Administration, and 24 of those counties are in rural areas. Nationwide, and especially in Idaho and Oregon, rural communities bear the brunt of health care worker shortages, as many health care workers tend to stay and practice near where they train. Read More.

ISU Aids American Falls J.R. Simplot Elementary School to Receive STEM Certification

American Falls J.R. Simplot Elementary School (JRSE) received STEM Certification from the Idaho State School Board in Spring 2023 thanks to the assistance of Idaho State University Teaching and Educational Studies Professor, Dr. Wendy Ruchti. This certification recognizes the school's commitment to excellence in science, technology, engineering and math education.



"STEM education is a critical component of our curriculum, and we are proud to be recognized for our efforts," JRSE Principal Chris Torgesen said. "We are grateful for the support and guidance of professor Ruchti and the advisory board. Their efforts have been instrumental in helping us achieve this certification, and we look forward to continuing to work with them as we enhance our STEM offerings and provide our students with the best possible education." Read More.





Students Sharpen Ultrasound Skills in ICOM Elective Course

From abdominal ultrasound to echocardiogram, ultrasound imaging helps physicians evaluate, diagnose, and treat medical conditions. Now, a new elective offered at the Idaho College of Osteopathic Medicine (ICOM), is allowing second-year students to sharpen their skills with the popular medical tool. Read More.

ICOM Student and AHEC Scholar Donates Stem Cells to Blood Cancer Patient

Nearly two years after joining the National Marrow Donor Program through a Be The Match registration event at ICOM, Student Doctor and AHEC Scholar, Madison Summers made an important donation to help a stranger battling blood cancer.

Madison is a recent graduate of the 2021 - 2023 AHEC Scholars Cohort and we could not be more proud of her and her dedication to her field and her patients. **Read More**.





ICOM Students Complete Medical Mission in Panama

A group of medical students from the Idaho College of Osteopathic Medicine (ICOM) recently returned from a medical service trip to Panama, where the future physicians ran a free clinic over the course of a week. Six ICOM students had the opportunity to provide free medical care and hygiene education in Higueronal – a Latino community in Eastern Panama. Read More.

Empower Idaho is Hiring!

Join the Empower Idaho Team as the Marketing and Communications Coordinator. The Marketing and Communications Coordinator is responsible for all aspects of Empower Idaho public-facing communications, including, but not limited to, newsletters, social media channels, Empower Idaho website, and press releases. This position is also responsible for creating original Empower Idaho designs for social media posts, behavioral health awareness campaigns, statewide toolkits, and other projects under the



guidance of the Program Manager. Individuals in this position must be skilled in creating content, have excellent writing and editing skills, enjoy researching and information dissemination, be detail oriented, be an efficient and effective team member, and enjoy working in a collaborative and fast-paced setting. Above all, flexibility is key for an individual to be successful in this role. For more information and to apply click here.

Empower Idaho Says Goodbye to Katrina Hoff and Hello to Melissa Radloff as the New Director of the Program

It is with mixed emotions that we announce the departure of Katrina Hoff, who has served as the Empower Idaho Director for over seven years. Since 2016, Katrina led Empower Idaho to a program that promotes mental well-being in Idaho through individual empowerment, education, and community involvement. Now, she will focus on directing the SW Idaho Area Health Education Center (AHEC) programs focused on youth outreach, health profession scholars, and continuing education.

Please join us in a warm welcome to Empower Idaho's new Director, Melissa Radloff. Melissa started at Jannus in 2011, developing the Aging Strong Programs, dedicated to helping older adults live independent and fulfilling lives. Now, she will direct both Aging Strong and Empower Idaho. Melissa loves spending time outdoors, enjoying the unique gift each season brings. Learn more about Aging Strong.

El and BHB Recognize 2023 Mental Health Advocates

Annually, Empower Idaho partners with the seven Idaho Behavioral Health Boards (BHBs) to recognize a mental health advocate in their region. The BHBs select an individual in their respective communities who exemplifies community advocacy, resiliency, and passion for mental health. Each advocate's work embodies these qualities and deserves acknowledgment and celebration.

Congratulations to the 2023 Idaho Mental Health Advocates!

- Region 1: Claudia Miewald
- Region 2: Cindy Harris-Lindauer
- Region 3: Kristen Heller
- Region 5: Jamie Shelamer
- Region 6: Matt Hardin and Myrna Daniels
- Region 7: Crista Henderson

ECHO Idaho and IDHW Announce Perinatal Quality Collaborative

The Maternal and Child Health Program of the Idaho
Department of Health and Welfare and Comagine Health





have partnered to establish Idaho's Perinatal Quality Collaborative (PQC). PQCs are statewide collaboratives of clinical providers, public health leaders, community-based organizations and patients and families who work together to improve outcomes for parents and babies. They are seeking input from stakeholders from across Idaho to inform the structure of the PQC and identify key priorities. To learn more about the PQC, and find out how you can get involved, please join them for a Regional Stakeholder Engagement session. These sessions will also help them understand the needs of each region as they move forward with this exciting work. To sign up for a session, visit one of the registration links below:

- Health Districts 1 & 2 Jul. 11, 10 11 a.m. Mountain time Register
- Health Districts 3 & 4 Aug. 1, 3 4 p.m. Mountain time Register
- Health Districts 5, 6, & 7 Aug. 9, 3 4 p.m. Mountain time Register

ECHO Idaho Announces July Lunch Break Schedule

Scheduled weekly over lunch breaks, ECHO Idaho provides virtual, 1-hour sessions with a panel of subject matter experts to deliver a brief, high-yield presentation on a topic of interest, specific to Idaho healthcare practitioners. Each session includes a real-life case presentation from an ECHO Idaho participant.

ECHO Idaho is always free, and participants can earn CE/CME for attending.

Please find the series and topics on deck for July 2023 on the ECHO Idaho website. If you know of anyone in your network interested in attending one of our sessions, please have them register on the website. Questions? Don't hesitate to reach out to echoidaho@uidaho.edu.

ECHO Idaho Announces New K12 Trainings for the 2023/2024 School Year

ECHO Idaho is excited to announce new K12 ECHO trainings for the 23/24 school year with a focus on health and behavioral health workers within Idaho's K12 schools and districts. Hear what educators in our communities are saying below and learn more and sign up, by visiting www.uidaho.edu/echoeducation.

- "The material is very helpful to me as I coordinate with the teachers and others working with students." - School Nurse, Eastern Idaho
- "ECHO provides tools on how to communicate more effectively with my students, parents, and everyone!" – Teacher, West Ada School District
- "Beneficial resources to share with parents of students I work with to support safety planning." School Counselor, Blackfoot
- "I have a greater awareness of what strategies are being used on the ground in schools." -Pediatrician, Boise

Listen to ECHO Idaho's Podcast and Earn CE Credit

Need extra CE/CME/CEUs this week? Don't forget about ECHO Idaho's podcast, "Something for the Pain", which is available wherever you get your podcasts. View episodes, subscribe, listen, and claim your credit(s) on their **podcast webpage**.

Idaho Oral Health Alliance to Host Idaho Oral Health Conference

Join the Idaho Oral Health Alliance at an Oral Health Conference, on August 11th, 8 a.m. - 4:30 p.m. The conference is free to all attendees and includes CE and lunch. Register by August 2 to receive validated parking in the JUMP garage. Business attire. The first session begins at 8:30 a.m. Parking is not covered for late registrants or for parking in surface lots, other downtown lots, or street parking. Sponsored by Delta Dental of Idaho.



IDAHO KIDS

For more details and to register, visit: https://www.idahooralhealth.org/conference/

All Hands-on-Deck to Keep Idahoans Covered as Idaho Restarts **Routine Medicaid Renewals!**

COVERED Idaho Voices for Children has been tracking some big Medicaid changes that could have an impact to the clients you work with as well as others you may know like family, friends or even yourself! Follow the links below for some important information and calls to action for everyone to help raise awareness on this big change in Medicaid.

- Medicaid Protection Messaging Toolkit
- IDHW Medicaid Protection FAQs
- Your Health Idaho
- Your Health Idaho Flyer

Rural Health Care Access and Physician Incentive Program **Grant Guidance and Applications Now Available**

Rural Health Care Access Program (RHCAP) seeks to improve access to primary medical and dental care by strengthening healthcare systems, removing barriers, and developing partnerships



to better serve communities. Eligible applicants include non-profit and government entities. The area to receive services must be located in a Health Professional Shortage Area (HPSA) or a Medically Underserved Area (MUA). Applicants may request a maximum of \$35,000 for one year.

Grant categories include:



- Community development
- Telehealth projects
- Other (such as recruitment and retention activities)

Rural Physician Incentive Program (RPIP) offers an opportunity for loan repayment for rural physicians providing primary care in a Health Professional Shortage Area (HPSA). Successful applicants may receive a maximum of \$25,000 per year for four years (\$100,000 total).

The physician must:

- Accept Medicare and Medicaid patients within the capacity of the practice
- Be Idaho medical board certified/board eligible
- Be eligible for an unrestricted Idaho medical license

Applications are due August 30, 2023, 5:00 p.m. Mountain Time - for more information and assistance email ruralhealth@dhw.idaho.gov, phone Amy Hirtle (208) 332-7944, or visit their website now https://ruralhealth.dhw.idaho.gov/.

Support Our Center!

SW ID AHEC is a not-for-profit organization. Meaning, that we exist because of the generosity of agencies and individuals. People like you. We know that times are tough but if you find yourself in a stable position and want to support our mission, your donations are always greatly appreciated.

Your Donation Helps To:

- Improve the distribution, diversity, and supply of the primary healthcare workforce
- Educate Idaho's youth about careers in healthcare
- Enhance the education of health profession students
- Offer continuing education to healthcare professionals
- Strengthen community health in rural and underserved areas

DONATE NOW



Southwest Idaho AHEC

1607 W. Jefferson Street, Boise, ID 83702 (208) 947-4295 Katrina Hoff, Director khoff@jannus.org(208) 947-4295

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