



**Connecting Students to Careers, Professionals to
Communities, and Communities to Better Health!**

That's a Wrap! Students at Caldwell High School Participate in Final 2022 - 2023 School Year Doctor for a Day Session!

Before we get into the amazing things the students at Caldwell High School participated in this past year we would like to take a moment to extend our sincerest appreciation and gratitude for the folks that made this program possible.

A few years back, Sarah Gerrish, MD approached us at SW ID AHEC with the idea of bringing the Doctor for a Day program to the students of Idaho. As Faculty at Full Circle Health and Chair of the Justice, Equity, and Inclusion (JEDI) Taskforce, Dr. Gerrish is truly dedicated to changing health disparities in progressive and meaningful ways and bringing this program to high school students was just one of the many ways she puts that vision into practice. Dr. Gerrish made it look effortless bringing her brain child to life - organizing resident schedules, training residents and arranging an interprofessional panel for the students to connect with. With this vision and action, SW ID AHEC was more than happy to help with coordination and supporting funds and feels lucky to be a part of this impact program.

A huge thank you also goes to Theresa Sigel, our main contact at Caldwell High School. Ms. Sigel spent countless hours engaging students, organizing student and teacher schedules, arranging classrooms, and making sure that everyone was well fed. Ms. Sigel

made it possible for this big idea to become a reality in the classroom and did an outstanding job of wrangling all of the moving pieces. An additional thank you to her Caldwell High School team, Brian Sullivan, Rob King, and Anita Wilson.

Because of the hard work put in by everyone involved, 79 students had the chance to interact with residents at Full Circle Health, learning about pulmonology, cardiology, and orthopedics this year.

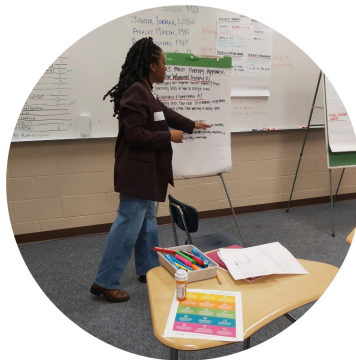
At our final session of the year, students heard from a panel of practicing health professionals from psychology, to pharmacy. After learning from these professionals students engaged in a group case/skill presentation on dentistry. Like the previous sessions, students were broken into groups, rotating through stations, working directly with these talented health professionals.

A special thanks to those who served on the panel;

- Sarah Gerrish, MD
- Winslow Psychology, PhD
- Javier LCSW, MSW/LCSW
- Ashley Marin, CMA
- Rey Celestino, FNP
- Dora Aguayo, PharmD
- Ernest Meshack Hart, DMD
- Nicole Letinsky, LCSW



Sarah Gerrish, MD



Nicole Letinsky,
LCSW instructs students on
therapy techniques



Theresa Sigel

Through program evaluation tools we have found that 100% of survey respondents found value in this program and 100% have a greater interest in health careers. Most of all, we heard that they had fun! We are so thrilled to be able to continue to offer this program in the 2023 - 2024 school year and look forward to our continued partnership with Full Circle Health and Caldwell High School.

Happenings at SW ID AHEC Medical Education!

Attend a [SWIDME Grand Rounds](#) session of your choice at no charge! Help us build our 2023/2024 Grand Rounds schedule with offerings that are most meaningful to Idaho physicians by completing our [CME Needs Assessment Survey](#) by May 31, 2023. Be sure to include your name and email address so we can send you a special code that you can use to register for a 1-hour session valued at \$15 worth 1 AMA PRA Category 1™ credit.

WE WANT TO HEAR FROM YOU

Complete Our CME Needs Assessment

What do you want to see from our
Medical Education program?

Join Us at Grand Rounds!

We are thrilled to announce the SW ID Medical Education Spring Grand Rounds series that is happening now. We have loads of amazing speakers on deck from now through the end of the month. Please stay up to date with our Grand Rounds announcements by visiting our [Continuing Education Site](#). Check out the sessions we have scheduled for May below!

17 Family Caregiving: The New Social Determinant of Health by Sarah Toevs, PhD - [Register Now](#)

24 Hypertensive Disorders of Pregnancy by Ashwin Chandra, DO - [Register Now](#)

31 Promoting Pediatric Lead Screening and Testing in Idaho by MaryKate Cardon, APRN, CPNP-PC [Register Now](#)

SW ID MEDICAL
EDUCATION PRESENTS

SPRING GRAND ROUNDS



EVERY
WEDNESDAY,
JANUARY
THROUGH
MAY 2023

JOIN US!

We hope SW ID AHEC Medical Education's Weekly Series will allow you to connect with your peers and continue to provide a sense of community in this very virtual world that we live in. Join us every Wednesday morning from 8 AM - 9 AM Mountain Standard Time via Zoom for education on timely and relevant topics presented by industry experts. The meeting details and the current schedule for the Spring 2023 Series can be found below and on our website, idahoahec.org.

UPCOMING SESSIONS

- **May 3, The Role, Potential, and Status of Community Health Workers in Idaho, Diana Schow, PhD**
- **May 10, Travis Schmidt, LCSW**
- **May 17, Family Caregiving: The New Social Determinant of Health, Sarah Toevs, PhD**
- **May 24 Hypertensive Disorders of Pregnancy by Ashwin Chandra, DO**
- **May 31 Promoting Pediatric Lead Screening and Testing in Idaho by MaryKate Cardon, APRN, CPNP-PC**

 jlawson@jannus.org

 <https://swidahec.cloud-cme.com/>



REGISTER

Visit <https://swidahec.cloud-cme.com/> to create an account and register for upcoming sessions. Find the series by clicking on the RSS tab.



LOG ON VIA ZOOM

Follow the Zoom link shared with you via email upon registering for the session.



TEXT ATTENDANCE

After logging in to the session, complete the instructions on the presenter's screen to record your attendance.



RECEIVE CME CREDITS

Complete an online evaluation after each session to receive *AMA PRA Category 1 Credits TM* (physicians) and a Continuing Education Certificate.

Additional CME Offerings

We will present the sixth in a series of eight seminars, *Putting the Mouth Back in the Body*, on May 17th. The session, ***Mouths Matter: The Inextricable Link Between Oral, Mental, and Physical Health***, will be presented by Danielle Rulli, DHSc, MS, RDH, and Adrienne Lapidus, PhD, from the University of Michigan. Join us via Zoom using the following link:

JOIN US

Mouths Matter: The Inextricable Link Between Oral, Mental, and Physical Health

Session Six of the Eight-Part Series, Putting the Mouth Back in the
Body: How Oral Health Affects Whole Patient Care

FEATURING



Danielle Rulli
DHSc, MS, RDH



Adrienne Lapidos
PhD

FROM THE UNIVERSITY OF MICHIGAN

MAY 17, 2023, 12 PM - 1 PM MT

**JOIN US
VIA ZOOM**

via the QR Code or Meeting ID
MEETING ID: 89820322773
PASSCODE: IOHA



Earn CME Credits

Free Registration

Via Zoom



Calling All Speakers!

Do you have expertise in a particular healthcare topic? Do you know an expert? We want you to join our 2023 - 2024 Grand Rounds series! SWIDME Grand Rounds aims to educate physicians on timely and relevant topics through presentations by industry experts. If you or someone you know is interested in presenting, please contact Jacelyn at jlawson@jannus.org.



We are looking for industry experts dedicated to educating practicing physicians on timely and relevant topics

BECOME A SW ID CONTINUING MEDICAL EDUCATION SPEAKER



Southeast Idaho Area Health Education Center is Hiring!

Southeastern Idaho Public Health is hiring for a full-time Health Education Specialist Senior to work in the AHEC program. This position is posted in all counties. [Apply Now!](#) SE ID Public Health is also hiring a full-time Admin Assistant 2 to work as a part-time CSR and part-time AHEC assistant. [Apply Now!](#)



Boise State University News & Updates



BOISE STATE UNIVERSITY



Research Assistants Thrive at Nursing Conference

Eight researchers – including two undergraduate research assistants – represented the Bronco Nurse community this year at the Western Institute of Nursing conference in Tucson, Arizona. Their research topics included: mindfulness interventions for parents of children with chronic illnesses; integrating self-care into nursing curriculum; models of empathy in nursing education; structuring mentorship for co-teachers; post-operative delirium; remote interventions for women with perinatal depression; and pressure injury risk factors in hip fracture patients. [Read More.](#)

Professor Emeritus Clark Receives Award for Nursing Research

Cynthia Clark, professor emeritus at the School of Nursing, recently received national recognition for her advancements in nursing scholarship. The National League for Nursing honored Clark with the inaugural Marilyn H. Oermann Award for Distinguished Research in Nursing Education this spring. Clark taught at Boise State for 19 years and founded Civility Matters™ at the university. Her work promotes civility, inclusion and belonging to create work and learning environments where all members are valued and can be



productive. Her reality-based interventions, models and assessments provide strategies and best practices that can help prevent, measure and address incivility. [Read More.](#)



Nursing graduate student catalyst for hospital research and system-wide change

Liz Mohr never planned to conduct research, much less present it at a national conference. Yet she's doing both. Mohr is in her first semester of Boise State's adult gerontology nurse practitioner program. She's a nurse in the intensive care unit at Riverbend Hospital in Springfield, Oregon, and her primary responsibility is recovering open heart surgery patients.

She was the catalyst for research that now impacts patients across an entire system of hospitals. Thanks to Mohr's "squeaking", a team at Riverbend Hospital developed a new recovery process for open heart surgery patients. [Read More.](#)

Idaho State University News & Updates



Idaho State University

Kasiska Division of Health Sciences Class of 2023 Add More than 850 Professionals to the Health Care Workforce

The Idaho State University Kasiska Division of Health Sciences is pleased to announce the graduating class of 2023, who have completed their degrees from over 35 health professions programs. This year's class includes 867 degrees earned by graduates who will soon be entering many of the job fields that have recently experienced the highest percentage of workforce shortages such as nursing, occupational therapy and speech language pathology. This group of graduates includes our very own AHEC Scholar's, Rebecca Gomez, Lydia Webb and Stephanie Wyler. [Read More.](#)



Paying it Forward: First-Generation Graduate Plans to Help Next Generation

When Alexis Navarrete first started elementary school in American Falls, she spoke only Spanish. She still remembers struggling to learn a new language while keeping up with her schoolwork, and the isolating feelings that can come with it.

On Saturday, Navarrete will be graduating from Idaho State University with a bachelor's degree in elementary education, with endorsements in English as a Second Language (ESL) and history as well as minors in Spanish and history. This spring, she returned to American Falls as a student teacher at Hillcrest Elementary. After graduation, she hopes to begin a career in the school district where she once struggled, and let other students know they are not alone. [Read More.](#)



New Dean Chosen to Lead ICOM

Following an extensive, nationwide search, the Idaho College of Osteopathic Medicine (ICOM) is pleased to announce the appointment of Kevin Wilson, DO, FACOI, FACP as its new Dean and Chief Academic Officer, effective immediately.

Dr. Wilson has served as ICOM's Interim Dean and Chief Academic Officer since August of 2022, and as the College's founding Associate Dean of Clinical Affairs since 2017. Under Dr. Wilson's leadership, 100% and 99.3% of ICOM's Classes of 2022 and 2023, respectively, secured post-graduate residency positions across 20 specialties in 40 states throughout the nation. Additionally, Dr. Wilson played an integral role in securing the College's clinical affiliation sites, while advancing its commitment to grow residency programs across Idaho. [Learn More.](#)

ICOM Students Advocate on Capitol Hill

This week, a group of students from the Idaho College of Osteopathic Medicine joined more than 1,000 of their peers from osteopathic medical schools across the nation for the American Osteopathic Association's (AOA) DO Day on Capitol Hill.

Osteopathic physicians (DOs) and medical students assembled in Washington D.C. to educate legislators about the impact of osteopathic medicine on health care, in addition to advocating for important healthcare issues. Students in attendance from ICOM included: Makayla Bussman, OMS-III; Chloe Dennis, OMS-I; Heidi Dreher, OMS-IV; Annie Lorelei Hoffman, OMS-I; and Madison Summers, OMS-III.

[Learn More.](#)



ICOM Launches Updated Website, New URL

ICOM is proud to announce the launch of its updated website and unveil a new URL — www.icom.edu.

Over the past year, ICOM's Office of Communications & Marketing has been working to update the College's website to better reflect the program offerings and campus community, while improving navigation for prospective students, current students, and employees. ICOM received

full accreditation by the American Osteopathic Association's Commission on Osteopathic College Accreditation (COCA) in May of 2022 and is now able to utilize a .edu domain. [Check it](#)

[out now.](#)

Empower Idaho Releases Idaho Mental Health Toolkit to Celebrate Mental Health Month

The 2023 Idaho Mental Health Month: Together in Story Toolkit was designed for use by all with the intention to change the conversation about mental health in Idaho to one of compassion, understanding and advocacy. [Download the toolkit today](#) to prepare for Mental Health Month here in Idaho this May!



#IDAHOMENTALHEALTHMONTH
EMPOWERIDAHO.ORG

IDAHO MENTAL HEALTH MONTH TOGETHER IN STORY



ECHO Idaho Announces May Lunch Break Schedule

Scheduled weekly over lunch breaks, ECHO Idaho provides virtual, 1-hour sessions with a panel of subject matter experts to deliver a brief, high-yield presentation on a topic of interest, specific to Idaho healthcare practitioners. Each session includes a real-life case presentation from an ECHO Idaho participant.



ECHO Idaho is always free and participants can earn CE/CME for attending. Visit [their website](#) to view upcoming topics and to register.

National Rural Health Day Photo Campaign: Share Your Picture of Rural!



To kick off National Rural Health Day (NRHD) 2023, NOSORH is asking all rural health collaborators, innovators, providers, and community stakeholders to share their pictures of rural!

We want to showcase happy faces and great places where healthy is happening in rural communities across America. All submitted photos will be considered for use in the 2023 NRHD promotional campaign, including social media graphics and toolkits (posters, flyers, etc.) developed to celebrate the "Power of Rural" on November 16. Deadline to submit photographs is Friday, May 26, 2023

What does rural look like to you? A few ideas for pictures include:

- Places (general store, landscape, or landmark)
- People (parade, farm, or long-term care home)
- Community (festival, outdoor concert, or gathering)
- Health (someone caring for a patient, a blood drive, or paramedic)

[Submit your picture now!](#)

Support Our Center!

SW ID AHEC is a not-for-profit organization. Meaning, that we exist because of the generosity of agencies and individuals. People like you. We know that times are tough but if you find yourself in a stable position and want to support our mission, your donations are always greatly appreciated.

Your Donation Helps To:

- Improve the distribution, diversity, and supply of the primary healthcare workforce
- Educate Idaho's youth about careers in healthcare
- Enhance the education of health profession students
- Offer continuing education to healthcare professionals
- Strengthen community health in rural and underserved areas

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