



**Connecting Students to Careers, Professionals to Communities,  
and Communities to Better Health!**

## **AHEC Scholars Application Cycle Now Open!**

Discover the gateway to an exciting future in healthcare with the AHEC Scholars Program!

The AHEC Scholars Program is nationally recognized for its interdisciplinary educational and training initiatives. Our primary mission is to foster a diverse and culturally competent healthcare workforce, uniquely skilled to serve communities with unmet healthcare needs.

As a part of this program, students gain exclusive access to a cutting-edge curriculum meticulously crafted by the Idaho AHEC Team and the prestigious University of Washington School of Medicine. Together, we empower students to engage directly with rural and underserved communities, working closely with up to 60 peers from a variety of health profession fields across the entire state.

Upon completion of the AHEC Scholars Program, **students receive not only a nationally recognized certificate but also a substantial \$1,000 stipend**, recognizing their dedication and commitment.

The best news? This opportunity comes at absolutely **no cost to students!** We are thrilled to announce that applications for the Idaho AHEC Centers are now open, and we will be accepting them until September 15, 2023.

To explore this opportunity further, and to take the first step towards a fulfilling healthcare career, we invite interested students to **join us for a Virtual AHEC Scholars Information Session on September 6, 2023, at 6 PM MT**. This session promises valuable insights and answers to all your questions. [Click here to join the information session via Zoom](#).

To apply or learn more about this life-changing opportunity, please encourage your students to [click here](#) or [visit our website](#).

# Idaho AHEC Scholars Program

Are you a health professions student wanting to set yourself apart? Do you want to make a difference in rural and underserved communities? Do you want to learn with, and from, a diverse team of health professions students?



## Apply to be an AHEC Scholar!


The AHEC Scholars Program is a nationally recognized, HRSA endorsed certificate program that uses a team based, interdisciplinary approach to prepare health profession students from multiple disciplines to work in rural and underserved communities.

**BUILD CONNECTIONS.  
GAIN EXPERIENCE.  
ENHANCE LEARNING.**

## Questions?

Please contact Southwest Idaho AHEC Program Coordinator, Jacelyn Lawson

 [jlawson@jannus.org](mailto:jlawson@jannus.org)

 (303) 818 - 2812

## → What's in it for you?

Engage with a cohort of peers from multiple health profession fields across the state of Idaho.

Gain access to additional knowledge, skills, and experience.

Participate in activities and world class curriculum that complement your current academic program.

Earn a nationally recognized, HRSA endorsed, certificate.

Receive a \$1,000 stipend for your two year commitment.

## → All for FREE!

**Review Eligibility and  
Apply by September 15, 2023**

<https://www.idahoahhec.org/ahec-scholars/>



## Continuing Medical Education

### SWIDME Direct Offerings

The countdown is on! Beginning this week, on September 6, 2023, Southwest Idaho Medical Education Grand Rounds are back in session and we don't want you to miss it! Individuals interested in attending Grand Rounds may sign up for an annual membership today.



## Why Become a SWIDME Member?

SWIDME memberships are tailor-made for physicians who are dedicated to advancing their medical expertise and remaining at the forefront of their profession. Whether you seek to enhance patient care, pursue career development, or fulfill continuing medical education requirements, this membership offers a tailored platform for physicians to thrive in their medical journey and achieve excellence in their practice.

### Membership Pricing (Annual)

- **Individual Providers:** \$100
- **Organizational:** \$75/Provider
- **Discounted Organizational for Core Safety Net Providers:** \$50/Provider

### How to Sign Up

Joining is easy! Visit our [membership sign-up page](#) and follow the straightforward registration process. Following your sign-up, you will receive personalized email reminders of the upcoming education offerings and will be automatically registered for all SWIDME directly offered programs.

- Membership Sign Up Link: <https://secure.qgiv.com/for/a-ef2/event/swidmegrounds/>

Thank you for your continued dedication to medical excellence. Should you have any questions or require assistance, please don't hesitate to reach out to Jacelyn, [jlawson@jannus.org](mailto:jlawson@jannus.org).

### September's Upcoming Sessions

- **9/6** - The Genetics of Sleep, Paula Carvahlo, MD
- **9/13** - Legal Update - Abortion: The Changing Rules and Regulations, Kim Stanger, JD
- **9/27** - Climate Change: A Health Equity and Ecological Crisis, Gaurab Basu, MD

To view what's coming up in October visit our [CME management portal](#).

# 2023 SWIDME GRAND ROUNDS



**September 2023**  
08:00 AM to 09:00 AM MT

Members may join us every Wednesday morning via Zoom for education on timely and relevant topics presented by industry experts.

## SEPTEMBER'S TOPICS

THE GENETICS OF SLEEP

LEGAL UPDATE - ABORTION:  
THE CHANGING RULES AND  
REGULATIONS

CLIMATE CHANGE: A  
HEALTH EQUITY AND  
ECOLOGICAL CRISIS



BECOME A



MEMBER!

## THE SPEAKERS



**Paula Carvahlo, MD**  
September 6, 2023



**Kim Stanger, JD**  
September 13, 2023



**Gaurab Basu, MD**  
September 29, 2023



## BECOME A SWIDME MEMBER

<https://swidahec.cloud-cme.com/>

FOR MORE INFORMATION  
[jlawson@jannus.org](mailto:jlawson@jannus.org)

## Joint Provider Partner Offerings

**Idaho Oral Health Alliance Announces Final Session in an Eight-Part Series, A Panel Discussion on Emergency Departments and the Oral Health Needs of Walk-In Patients**

Panelists include: Jodie Callison, DMD, Terry Reilly Health Services; Kerry Fuller, BS, CHW, Saint Alphonsus Health System; Ernest Meshack-Hart, DDS, FAGD, Terry Reilly Health Services; Charles H. Washington III, MD, St. Luke's Emergency Department. *No pre-*

registration required. [Click here](#) at noon (Mtn) on September 13 to join the Zoom webinar. Passcode is IOHA. The session is the last of an 8-part series titled: *Putting the Mouth Back in the Body: How Oral Health Affects Whole Patient Care*.

## Join the Idaho Gut Club's Fall Conference in McCall, Idaho, September 22, 2023

The Idaho Gut Club (IGC) is dedicated to bringing gastroenterology providers Continuing Medical Education (CME) and Maintenance of Certification (MOC) through nationally-known speakers. The next IGC meeting will be held this Spring in Sun Valley, Idaho at the Sun Valley Lodge. [RSVP Now](#).

**(LIVE) LIVE WEBINAR**  
**A PANEL DISCUSSION ON EMERGENCY DEPARTMENTS AND THE ORAL HEALTH NEEDS OF WALK-IN PATIENTS**  
 The Final Session of the Eight-Part Series, Putting the Mouth Back in the Body: How Oral Health Affects Whole Patient Care  
 Join Us via Zoom Using the Info or the QR Code to the Right

**PANELISTS**

- JODIE CALLISON, DMD  
Terry Reilly Health Services
- ERNEST MESHACK-HART, DDS, FAGD  
Terry Reilly Health Services
- CHARLES H. WASHINGTON III, MD  
St. Luke's Emergency Department
- KERRY FULLER, BS, CMA  
Saint Alphonsus Health System

**WEDNESDAY, 12 PM MT**  
**SEPTEMBER 13, 2023**

**BENEFITS**

- Earn CME Credits
- Free Registration
- Via Zoom

MEETING ID: 892032273  
 PASSCODE: IOHA

Logos: Idaho State University, Oral Health, Southwest Idaho AHEC

## Join the Community Suicide Prevention's Connecting Communities to Save Lives 5th Annual Conference, September 22, 2023

This event aims to bring together individuals, organizations, and communities to address the critical issue of suicide prevention. At the conference, you'll have the opportunity to connect with experts, professionals, and fellow attendees who are passionate about saving lives. Through engaging presentations, we will explore strategies and learn about the latest research and resources in suicide prevention. By attending this conference, you'll gain valuable insights, practical tools, and a network of support to make a positive impact in your community. Together, we can make a difference and help save lives. [Register Now](#).

**SEPT. 22, 2023**  
**8 AM to 4:15 PM**  
**ATTEND IN PERSON**  
 OR  
**VIA LIVE ZOOM**

**REGISTER: EVENTBRITE REGISTRATION**

**THOMAS JOINER, Ph.D.**  
 The Robert O. Lawton Professor of Psychology  
 Florida State University

**MATTHEW LARSEN, DO**  
 Owner, Ascend Mental Health  
 Director, EIRAC Psychiatry Residency Program  
 President, EIRAC Medical Staff

**ADAM BURCH, DO**  
 Psychiatric, Behavioral Health, Center EIRAC  
 Associate Director, EIRAC Psychiatry Residency Program

**6 CEU/CME CREDITS**  
 INCLUDES 1 HOUR ETHICS

**Accreditation Statement/Credit Designation**  
 This activity has been planned and implemented in accordance with the accreditation requirements and guidelines of the Board Medical Association (ABIM) through the joint sponsorship of the Southwest Idaho AHEC and Community Suicide Prevention. The Southwest Idaho AHEC is accredited by the State Medical Association to provide continuing medical education for physicians. The Southwest Idaho AHEC designates this activity for a maximum of 6 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**CONFERENCE PARTNERS**

Logos: Idaho State University, SIPH, Southwestern Idaho Public Health, Community Idaho Public Health, Behavioral Health Board

## National AHEC Organization to Host Free Virtual Webinar, Rheumatoid Arthritis Team Education Program, September 20, 2023

On Wednesday, September 20 at 4:00 ET, NAO will offer a virtual webinar entitled, Rheumatoid Arthritis Team Education Program. This is a FREE accredited opportunity for clinicians and prescribing physicians. Dr. Kelly Weselman, M.D., from the WellStar Medical Group Rheumatology in Smyrna, GA, will lead this webinar, guiding participants in identifying the signs and symptoms of Rheumatoid Arthritis. CE and CME credit is available upon completion. [Register Now](#).



## Boise State University News

### Nursing Student Spends Summer in Unique Army Training



**BOISE STATE UNIVERSITY**

Summer is a great time to travel and try new things, and that's exactly what senior nursing student Kathryn Colburn did. But as a cadet in the Army Reserve Officers' Training Corps (ROTC), her experience looked a little different than most.

Colburn was accepted into the Army's annual Nurse Summer Training Program, an immersive opportunity for nurse cadets to pair with an Army nurse and work alongside them on their shifts. She completed 136 clinical hours in 28 days, spending the majority of her





time in the intensive care unit. She also spent time in the neonatal intensive care unit, behavioral health unit and the medical surgical floor.

“The nursing aspect is very similar – but also very different – from the rest of civilian nursing,” Colburn said. “The experience was incredible.” [Read More.](#)

## Martin Presents at Northwest Student Sport and Exercise Psychology Symposium

Eric Martin, associate professor in the Department of Kinesiology and director of the Center for Physical Activity and Sport, was invited to give a keynote address titled “Building Resilience through Creating Facilitative Environments” at the Northwest Student Sport and Exercise Psychology Symposium.

Martin’s speech discussed what resilience is, what it is not and how professionals and educators can create an environment that promotes building resilience. Martin’s research focuses on motivation, burnout and positive development in youth sports, as well as athlete activism and resilience building in college students both in and out of sports. [Read More.](#)



## Nursing Students Partner with Provider to Promote Community Mental Health Resources

It’s not every day you have the chance to impact a community across the entire state. But for a group of nursing students last spring, it’s more often than most. In the community and population health nursing class, small groups of students partner with local organizations for service-learning projects. They focus on helping vulnerable populations – such as individuals prone to health complications or facing food insecurity – in a sustainable way.

“This course takes students out of the classroom and into the field, giving them time for reflection while challenging preconceived notions of vulnerable populations,” said Jeannine Suter. Suter is a clinical assistant professor in the School of Nursing and coordinator for the community and population health nursing lab course. “Working as a team towards a common goal allows nursing students to understand other perspectives while making a difference in their community,” she said. [Read More.](#)

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## Idaho State University News & Updates

**ISU-Meridian to Host the Annual Health Science Experience Night Event, Tuesday, October 17, 2023**



**Idaho State University**

Attendees can visit with ISU faculty and students from nursing, pharmacy, physical therapy, physician assistant studies, speech-language pathology, counseling, medical laboratory science, homeland security and emergency management, respiratory therapy, and many more experts from Idaho's leader in health sciences education.

Students will have the opportunity to participate in interactive demonstrations, and tour classrooms,

simulation labs, and the state-of-the-art Anatomy and Physiology Laboratories, equipped with 3D and virtual technology. Human anatomy lessons will be provided for those ages 16 and older only. Written parental consent is required for minors (those under 18) who wish to participate in human anatomy lessons. Please print this [HSEN Assumption of Risk Form](#), get a parent's signature, and bring it with you to the event.

Interested **students can RSVP** and find more details about the event at [www.isu.edu/hsen](http://www.isu.edu/hsen).

### **New! Rural Health Certificate at ISU**

ISU's new Graduate Certificate in Rural Health is a 15-credit program designed for graduate students and health professionals who are currently practicing or intend to practice, in rural settings.

Students will leave the program with:

- Ability to address real health issues that are unique to rural settings in the western United States.
- Comprehensive knowledge of rural health systems, and public health opportunities in rural health.
- Real experience partnering with rural health organizations to develop and implement health-related projects.

Applications are accepted year-round with a priority deadline of June 30. [Learn More](#).

### **Volunteers Needed: Indigenous Peoples Day**

On Oct. 9, the Office of Equity and Inclusion and Native American Student Services (NASS) will host the fifth annual Indigenous Peoples Day event. This event, focusing on Indigenous health and wellbeing through culture, community, and connection, will be a day-long teach-in for community, students, faculty, staff, and administration. Volunteers are needed in various roles, including greeters, guides, and moderators, and would appreciate your presence whether you can volunteer for the day or just for an hour or two.

Sign up using the Indigenous Peoples Day [Fall 2023 Volunteer Form](#). Volunteer training before the event will be offered, but please contact the Diversity Resource Center at (208) 282-3142 or [drc@isu.edu](mailto:drc@isu.edu) if you need more information.

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## **Idaho College of Osteopathic Medicine News & Updates**



### **ICOM Formally Welcomes Its Class of 2027 During White Coat Ceremony**



The newest class of student doctors at the Idaho College of Osteopathic Medicine (ICOM) took their first steps toward becoming physicians during the College's sixth annual White Coat Ceremony on July 28. In the presence of family, friends, faculty, and staff, each of the 162 student physicians were welcomed into the medical community and "cloaked" with their first white coats.

During the ceremony, Dr. Kevin Wilson, Dean, and Chief Academic Officer of ICOM, encouraged the student physicians to be the strongest advocates for their future patients. He also reminded them of what the symbolic white coat represents.

"The white coat represents a caring attitude, seeking understanding of your patients and their situation, and the professional behavior of honesty, integrity, altruism, and compassion as an osteopathic physician," Dr. Wilson said. [Read more and watch the ceremony](#).

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### **What's ECHOing at ECHO Idaho?**



Scheduled weekly over lunchbreaks, ECHO Idaho provides virtual, 1-hour sessions with a panel of subject matter experts to deliver a brief, high-yield presentation on a topic of interest, specific to Idaho healthcare practitioners. Each session includes a real-life case presentation from an ECHO Idaho participant. ECHO Idaho is always free, and participants can earn CE/CME for attending.



Please find the series and topics on deck for the month ahead on their [website](#). If you know of anyone in your network interested in attending one of the sessions, please have them register on their [website](#).

Questions? Don't hesitate to reach out. [echoidaho@uidaho.edu](mailto:echoidaho@uidaho.edu)

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### Idaho Behavioral Health Association to Host Its First Annual Conference, September 19, 2023

Join them for a day of engaging conversation surrounding behavioral health and criminal justice needs in our great state and communities. Attendees are invited to join at 12 PM for lunch followed by keynote speakers, Dr. Ernie Fletcher and Dave Johnson from the Fletcher Group. The conference will host two panels, education and advocacy, followed by a networking reception at 4 PM. A final agenda will be posted in the following weeks.



For more information, please visit their [website](#).

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### Join the Substance Abuse and Mental Health Services Administration (SAMHSA) as we recognize National Recovery Month!

Each September, we aim to increase awareness of recovery and to celebrate the millions of people who identify as being in recovery, their families and caregivers, and the peer workers and recovery organizations that make recovery from mental health and substance use conditions possible. They personify this year's tagline: Hope is real. Recovery is real. Resources and messaging can be found on their [website](#).



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### Central District Health Accepting Medical Reserve Corps Intern Applications

The Medical Reserve Corps (MRC) coordinates the skills of volunteers who are willing to assist the public health district during emergency situations and public health initiatives. Our mission is to engage volunteers through active training and skills



development programs to strengthen public health readiness, response, and recovery in the event of an emergency.

Interested applicants should apply on: <https://cdh.idaho.gov/about-administration-employmentandinternships.php>. For any questions, email [mrc@cdh.idaho.gov](mailto:mrc@cdh.idaho.gov).

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## Delta Dental of Idaho Announces New Oral Health Grant Program!



Delta Dental of Idaho

Delta Dental of Idaho's passion and purpose is to improve the oral health of all Idahoans, and we hope to fulfill this mission in part through our new Oral Health Grant Program! Grants may be awarded in amounts between \$5,000 to \$100,000 for capacity building, capital and equipment, and programs and special projects focused on improving dental infrastructure and workforce capacity in Idaho; improving access to affordable, timely, and high-quality dental health care; and reducing oral disease through education, prevention, and treatment. Eligible applicants include 501(c)(3) public charities or government entities and their instrumentalities who serve individuals in the state of Idaho.

The online application opens October 13, 2023 and closes October 31, 2023. Decisions and awards will be made by the end of December. To preview the application and funding guidelines create an account on our grant management system [grantinterface.com/Home/Logon?urlkey=ddoi](http://grantinterface.com/Home/Logon?urlkey=ddoi).

If you have questions or would like a digital copy of the full program announcement please contact Shaina Cales, Community Outreach Manager, Delta Dental of Idaho [scales@deltadentalid.com](mailto:scales@deltadentalid.com).

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## Get Ready to Celebrate National Rural Health Day, November 16, 2023!

On November 16, 2023, join the [National Organization of State Offices of Rural Health](#) (NOSORH), the 50 State Offices of Rural Health, and rural health stakeholders across the country in celebration of National Rural Health Day (NRHD)! NRHD is an opportunity to celebrate the #PowerOfRural and bring attention to the incredible efforts of those dedicated to addressing the unique healthcare needs of rural America.



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## Support Our Center!

SW ID AHEC is a not-for-profit organization. Meaning, that we exist because of the generosity of agencies and individuals. People like you. We know that times are tough but if you find yourself in a stable position and want to support our mission, your donations are always greatly appreciated.

### Your Donation Helps To:

- Improve the distribution, diversity, and supply of the primary healthcare workforce
- Educate Idaho's youth about careers in healthcare
- Enhance the education of health profession students
- Offer continuing education to healthcare professionals
- Strengthen community health in rural and underserved areas

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## Southwest Idaho AHEC

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(208) 947-4295

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